



Physical Education

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	Fundamentals	Dance Yoga & Fitness	Sending and Receiving Dance	Target Games Sending and receiving	Striking & Fielding Target Games	Yoga & Fitness Striking and Fielding
Year 2	Team Building	Gymnastics Invasion games	Ball skills Gymnastics	Invasion Ball skills	Net & Wall Athletics	Athletics Net & Wall
Year 3	Fundamentals	Gymnastics Dance Athletics	Ball Skills Gymnastics Dance	Tennis Ball Skills	Cricket Tennis	Athletics Cricket
Year 4	Fitness Golf OAA	Dodgeball Fitness Golf	Dance Dodgeball Fitness	Handball Dance Dodgeball	OAA Handball Dance	Golf OAA Handball
Year 5	Rounders Swimming Basketball	Basketball Swimming Yoga	Hockey Basketball Swimming	Swimming Yoga Tennis Hockey	Swimming Rounders Tennis	Tennis Hockey Rounders
Year 6	Gymnastics Fitness Rounders	Handball Gymnastics Fitness	OAA Handball Gymnastics	Yoga	Rounders OAA Handball	Fitness Rounders OAA